



Miami-Dade County Public Schools
School Wellness/Healthy School Team Committee Action Plan

School Name & Location Number:	North Miami Middle- 6631
Principal:	Dr. Philippe Napoleon
Phone Number:	305-891-5611
School Wellness/Healthy School Team Leader:	Karen-Vanessa Wright
School Wellness/Healthy School Team Committee Members: (please provide names for the following)	McKenzie Horace-Student Javaria Jenkins-Assistant Principal Kimberly Lee- Teacher Jose Perez-Teacher Yuliem St.Lot- Parent Jamesly StMartin-Student Bernice Washington-Cafeteria Manager Giovanni Wilson- PE Teacher
Committee Meeting Dates:	
ACTION PLAN	
School Wellness/Healthy School Team Goal: (Select all that apply)	<input checked="" type="checkbox"/> Nutrition <input checked="" type="checkbox"/> Physical Education <input checked="" type="checkbox"/> Physical Activity <input checked="" type="checkbox"/> Health and Nutrition Literacy <input checked="" type="checkbox"/> Preventive Healthcare
Steps to Achieve School Wellness/Healthy School Team Goal:	<p>Nutrition:</p> <ul style="list-style-type: none"> • Encourage students to partake of free breakfast. Eat one piece of fruit a day • Provide healthy meals and snacks to students and faculty daily through the cafeteria <p>Physical Education:</p> <p>Fitnessgram Testing and one hour of exercise during class</p>

	<p>Physical Activity: Staff exercise one hour a day, use MoveSpring to connect staff</p> <p>Health and Nutrition Literacy: Implement a Garden to Table Program Include and promote information on the nutritional value of the school garden by putting on our social media site</p> <p>Preventive Healthcare:</p> <ul style="list-style-type: none"> • Wellway Wellness Program • Organize a health fair on campus to include free health screenings to students, parents, and the community • Increase the number of teachers/staff in the school wellness activities
Sustainability Practices:	<ul style="list-style-type: none"> • Post Health Educational flyers throughout the school • Monthly Recycling Challenges • Encourage the use of reusable items such as water bottles • Incorporate composting education at school garden
Community Engagement:	<ul style="list-style-type: none"> • Committee member highlights a fruit or vegetable during meetings • Send home harvested school garden produce • Health Fair on Campus including hospital partnership • Increase business partnerships
Monitoring and Evaluation:	<ul style="list-style-type: none"> • Maintain committee meeting sign-in sheets • Record School Health Fair Attendance • Designate a teacher responsible for monitoring and distributing harvested school garden produce • Start ESSAC and social media advertisements earlier in the school year • Advertise on school website and school gatherings to increase volunteers

<p>Other Activities: If applicable, attach supporting documentation (e.g. event flyer)</p>	<p>T.A.L.E.N.T.S. after school program, students work in the garden</p>
--	---